












































Weight Loss Tracker

Starting Weight	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb
-7lb 1/2 Stone	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb
-7lb 1 Stone	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb
-7lb 1 1/2 Stone	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb
-7lb 2 Stone	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb
-7lb 2 1/2 Stone	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb
-7lb 3 Stone	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb	 -7lb
Ending Weight	 www.sophobsessed.com <small>© Copyright Soph-obsessed June 2024 Personal Use Only</small>					